



**2026**

**BOERNE ISD**

# CROSS COUNTRY CAMP

## CAMP DETAILS

Camp emphasizes enjoyment and improvement by building good running habits

- Building Endurance safely
- Injury prevention
- Strength Development
- Proper running form

## CAMP LAYOUT

Geared towards young runners entering 5th-9th grade to help prepare for JH and High School cross country

**JUNE 1ST-4TH  
7AM-9AM  
CHAMPION TRACK**

**JOIN NOW**

Name: \_\_\_\_\_

Entering Grade: \_\_\_\_\_ Phone: \_\_\_\_\_

EMAIL: \_\_\_\_\_

ATHLETES CAMPUS: \_\_\_\_\_

T-Shirt Size: S - M - L - XL

Mail this portion with \$75 to address listed.

Late register, the first day of camp will be \$95

Chris Carter

215 W. Bandera Rd. Ste 114-776

Boerne, TX 78006



[click here](#)  
[to register](#)